

## Check & Connect – Mentor support

**Georgia Drake (kaihoe | mentor):** Hey, Mia, can I ask you about a shoot?

**Tania Liuagamatagi (kaiārahi | supervisor):** Sure.

**Leo Aholelei (kaihoe | mentor):** Tanya has been through what we're going through and she can sort of anticipate if we're having a bad day before we even know it ourselves. She's in tune with everyone in the team, and she's always checking in because she knows the pressures and how heavy some of these sessions can get.

**Jonas Leatio'o (kaihoe | mentor) talking to Muru (student):** Two minds, three minds, four minds is better than one. We need their support too. And having a team that's real supportive, and they see the potential in you and lend a hand when you need it, you know it helps you become a better practitioner as well.

**Georgia:** Having a team that's supportive, that cares about you, that values you, that makes the job the best job in the world, to be honest.

**Tania:** We're human beings at the end of the day, but we have things in place to make sure that we're okay, because if we're not okay, how can we help other people? So we're big on making sure that all those supports are in place so that we can provide those supports for the young people.